

Sisken

Calvin Campbell

Sisken is a Danish folk dance that I've used many times. It is listed as a children's dance. I searched for a video of this dance on the internet and found none.

Since it is a simple dance and variations could be many, I thought I would post it and perhaps one of you can provide a video I could include later.

Music is from the Lloyd Shaw Foundation. [Click here.](#)

The cue sheet is also from the LSF. [Click here.](#)

I occasionally have used this dance with adults. When I do, I tell the dancer that if they know how to do a fast turning couple waltz. Replace the running steps in 17-24 with a couples turning waltz. When done by skilled dancers, it is beautiful.